

Referanser Teach-back

En del av artiklene ligger på databaser som ikke er tilgjengelige for allmenheten, men jobber du på sykehus, høyskole etc., vil det som regel gå bra. Hvis ikke har du jo biblioteket!

Medisinsk informasjon blir glemt umiddelbart

Kessels RD. Patients' memory for medical information. J R Soc 2003;96:219-222
Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC539473/>

Informasjon blir misforstått

Anderson J, Dodman S, Kopelman M, Fleming A. Patient information recall in a rheumatology clinic. Rheumatol. Rehabil. 1979;18:245-255.
Fulltekst: <https://doi.org/10.1093/rheumatology/18.1.18>

Det er lett å gå glipp av medisinsk informasjon

McCarthy DM et al. What did the doctor say? Health literacy and recall of medical instructions. Medical Care 2012;50:277-282
Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3305916/>

Pasientene kan ikke redegjøre for risikoen knyttet til sin operasjon

Graham P. Type of consent does not influence patient recall of serious potential radiation toxicity of adjuvant breast radiotherapy. Australasian Radiology 2003;47:416.
Fulltekst: <https://onlinelibrary.wiley.com/doi/full/10.1046/j.1440-1673.2003.01212.x>

Planlagte operasjoner i ortopedisk kirurgi endres, utsettes og avbestilles helt

Caesar U et al. Incidence and root causes of cancellations for elective orthopaedic procedures: a single center experience of 17,625 consecutive cases. Patient safety in Surgery 2014;8:24.
Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4064269/>

Krav om informasjon i lovverket

Lov om pasient- og brukerrettigheter (pasient- og brukerrettighetsloven.) Kapittel 3. Rett til medvirkning og informasjon.
https://lovdata.no/dokument/NL/lov/1999-07-02-63#KAPITTEL_3

Pasientsentrert kommunikasjon – et spørsmål om pasientsikkerhet

The Joint Commission 2007.
Fulltekst:
https://www.jointcommission.org/improving_americas_hospitals_the_joint_commissions_annual_report_on_quality_and_safety_-_2007/

Gjennom teach-back får pasienter med diabetes bedre blodsukkerverdier

Schillinger D et al. Closing the loop. Arch Intern Med 2003;163:83-90.
<https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/214905>

Teach-back forbedrer bruken av inhalator

Dantic DE. A critical review of the effectiveness of "teach-back" technique in teaching COPD patients self-management using respiratory inhalers. Health Education Journal 2014;73:41-50.

Fulltekst: <http://journals.sagepub.com/doi/abs/10.1177/0017896912469575>

Teach-back er verdifullt for pasienter med diabetes

Negarandeh et al. Teach back and pictorial image educational strategies on knowledge about diabetes and medication/dietary adherence among low health literate patients with type 2 diabetes. Primary care Diabetes 2013;7:111-118

Fulltekst: <https://www.sciencedirect.com/science/article/pii/S1751991812002215?via%3Dihub>

Teach-back er en effektiv metode når informasjon blir gitt pasienter med hjertesvikt

Esquivel et al. Teach-back is an effective strategy for educating older heart failure patients. Journal of Cardiac Failure 2011;17:103.

Fulltekst: [https://www.onlinejcf.com/article/S1071-9164\(11\)00598-7/fulltext](https://www.onlinejcf.com/article/S1071-9164(11)00598-7/fulltext)

Teach-back reduserer antall reinnleggelser

Peter D et al. Reducing readmissions using teach-back: Enhancing patient and family education. Journal of Nursing Administration 2015;45:35-42.

Fulltekst:

https://journals.lww.com/jonajournal/fulltext/2015/01000/Reducing_Readmissions_Using_Teach_Back_Enhancing.8.aspx

Teach-back forbedrer prosessen med samtykke i forbindelse med operasjon

Miller MJ et al. Improving patient-provider communication for patients having surgery: patient perceptions of a revised health literacy-based consent process. J Patient Saf 2011;7:30-38.

Fulltekst:

https://journals.lww.com/journalpatientsafety/fulltext/2011/03000/Improving_Patient_Provider_Communication_for.6.aspx

De fleste pasienter synes teach-back er bra – dersom det introduseres rett

Samuels-Kalow M et al. "Like a dialogue": teach-back in the emergency department. Patient Educ Couns 2016;99:549-554.

Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4808368/>

Sykepleiere anser teach-back som verdifullt i forbindelse med utskriving

Kornburger C et al. Using "teach-back" to promote a safe transition from hospital to home: An evidence-based approach to improving the discharge process. Journal of Pediatric Nursing 2013;28:282-291.

Fulltekst: <https://www.sciencedirect.com/science/article/pii/S088259631200320X?via%3Dihub>

Leger anvender teach-back i mindre utstrekning enn de selv tror

Howard T et al. Doctor talk: Physicians' use of clear verbal communication. Journal of Health Communication 2013;18:991-1001.

Fulltekst:

<https://www.tandfonline.com/doi/full/10.1080/10810730.2012.757398?scroll=top&needAccess=true>

Leger anvender teach-back bare med visse pasienter

Jager AJ, Wynia, MK. Who gets a teach-back? Patient-reported incidence of experiencing a teach-back. Journal of Health Communication 2012;17:294-302.

Fulltekst:

<https://www.tandfonline.com/doi/full/10.1080/10810730.2012.712624?scroll=top&needAccess=true>

Et spennende og nyttig nettsted er

The Health Literacy Place

<http://www.healthliteracyplace.org.uk/tools-and-techniques/techniques/teach-back/>

Teach-back styrker pasientsentrert kommunikasjon

Badaczewski A, Bauman L. et al. Relationship between Teach-back and patient-centered communication in primary care pediatric encounters, Patient Education and Counseling, Volume 100, Issue 7, 2017, Pages 1345-1352.

Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5466453/>

Teach-back kan bedre helseinformasjonsforståelsen

Griffey R, Shin N. et al. The impact of teach-back on comprehension of discharge instructions and satisfaction among emergency patients with limited health literacy: A randomized, controlled study, Journal of Communication in Healthcare, 2015 8:1.

Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4659395/>

Teach-back reduserer risikoen for reinnleggelser

Miller S, Lattanzio M, Cohen S. "Teach-back" from a patient's perspective. Nursing. 2016;46:63-4.

Fulltekst: https://journals.lww.com/nursing/fulltext/2016/02000/Teach_back_from_a_patient_s_perspective.19.aspx

Teach-back bidrar til mestringstro og høy grad av tilfredshet

Ghoneim, A. Fathalla, A.A. A randomized control trial: Effects of teach back method on self-efficacy among mothers of children with congenital heart defects. Journal of Nursing Education and Practice. 2018. 8. 106.

Fulltekst: <http://www.sciedupress.com/journal/index.php/jnep/article/view/12601>

Teach-back har direkte innvirkning på pasientens egenbehandling

Mollazadeh F, Maslarpak M.H. The Effect of Teach-Back Training on Self Management in Kidney Transplant Recipients: A Clinical Trial. Int J Community Based Nurs Midwifery. 2018 Apr; 6(2): 146–155.

Fulltekst: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5845118/>

Filmeksempel: Dr. House bruker teach-back

<https://www.youtube.com/watch?v=zSSoYmQS6Ng&app=desktop>